

TRAINING CAMP 2017 SCHEDULE

Wednesday, August 23rd

4:00 – 4:30 Registration
5:00 – 7:00 Fitness Testing

Thursday, August 24th

9:00 – 10:15 Team A: On ice testing | Team B: Dryland | Team C:
10:30 – 11:45 Team A: Dryland | Team B: | Team C: On ice testing
12:00 – 1:15 Team A: | Team B: On ice testing | Team C: Dryland
1:30 – 2:15 Goalie Session (all teams)

4:00 – 4:45 1st Period Scrimmage (A vs. C)
5:00 – 5:45 2nd Period Scrimmage (A vs. C)

7:00 – 7:45 1st Period Scrimmage (B vs. C)
8:00 – 8:45 2nd Period Scrimmage (B vs. C)

Friday, August 25th

9:00 – 10:15 Team A: | Team B: On ice Skill Session | Team C: Dryland
10:30 – 11:45 Team A: On ice Skill Session | Team B: Dryland | Team C:
12:00 – 1:15 Team A: Dryland | Team B: | Team C: On ice Skill Session
1:30 – 2:15 Goalie Session (all teams)

4:00 – 4:45 1st Period Scrimmage (C vs. A)
5:00 – 5:45 2nd Period Scrimmage (C vs. A)

6:00 – 6:45 1st Period Scrimmage (A vs. B)
7:00 – 7:45 2nd Period Scrimmage (A vs. B)

Saturday, August 26th

9:00 – 10:15 Team A: Dryland | Team B: | Team C: On ice Skill Session
10:30 – 11:45 Team A: On ice Skill Session | Team B: | Team C: Dryland
12:00 – 1:15 Team A: Dryland | Team B: On ice Skill Session | Team C:
1:30 – 2:15 Goalie Session (all teams)

4:00 – 4:45 1st Period Scrimmage (A vs. B)
5:00 – 5:45 2nd Period Scrimmage (A vs. B)

6:00 – 6:45 1st Period Scrimmage (B vs. C)
7:00 – 7:45 2nd Period Scrimmage (B vs. C)

Sunday, August 27th

Blue & White Game

1:00 – 3:30